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| Name: MS.RAMYA | Reg No: 04-1SMHC19 |
| Age / Sex:29/F | Contact No: |
| Marital Status:SINGLE | Date:5/1/19 |
| Occupation:WORKING AS SOFTWARE ENG. BE. COMP SC | Dr. PJFP |
| Address:D/O JAYSHREE | DIAGNOSIS- |

1. BLACKISH DISCOLORATION SINCE 1 AND HALF TO 2 MONTHS. APPLIED TURMERIC AND ALL BUT NO RELIEF. LOTS OF ITCHING.< COLD, NIGHTS.> HOT WATER.

* DOESN’T SWEAT.
* 3 MONTHS BEFORE HAD LOT OF PIMPLES AND NOW SCARS. FROM 6 MONTHS LIKE THIS.
* NOW NO PIMPLES BUT BLACK ERUPTIONS LIKE THAT. .
* DANDRUFF MORE. HAIRFALL ALSO. IN WINTERS INCREASES.

1. PERIODS DELAY SINCE MENARCHE. SOMETIMES EVEN 1 MONTH. WHEN HER WORK SHIFT USE TO CHANGE DAY AND NIGHT USE TO NOTICE DELAY MORE EVEN UPTO2 MONTHS.
2. ONCE UTI – 1 YEAR
3. CANDIDIASIS – 4 MONTHS BEFORE. TOOK SOME TAB AND OINTMENT.

* DOENST LIKE SWEETS. FEELS GIDDY IF EATS MORE SWEETS.
* FREQUENT URINTATION. 3-4 YEARS. REDUCES WATER DURING OFFICE HOURS. TENDER COCONUT IMM FEELS URGE TO GO.
* LOVES SPICY FOOD. BITTER GOURD EATS EVEN RAW.
* AVERSION TO PINEAPPLE EVEN SMELL, RAW ONION, TOMATO.
* MALALIGNMENT OF TEETH. MILK TOOTH DIDN’T GO STILL SO GOT IT STRUCTURED AND REMOVED. NOW ON CLIP
* CANT TOLERATE COLD. VERY DRY SKIN. LOT OF RASHES.
* OTHERS HAVE TO LISTEN TO HER AND FOLLOW. TIME BOUND.
* BEFORE HAD ISSUES IN TRAVELLING LIKE VOMITS IN BUS. CANT STAND ALSO. RECENTLY.
* MNG BFR 7 IF SHE WAKES UP FEELS NAUSEATED.
* INTROVERT. SPEAKS WITH OTHERS BUT DOESN’T GO CLOSE. LIKES PAINTING.
* LOVES PETS, GARDENING.
* MILK DOENST LIKE FEELS NAUSEOUS. COFFE TEE HATES.
* LIKES CURD AND GHEE A LOOOT.

RX:

1. LAC.DEFLORATUM 4-4-4-4.
2. NAT MUR 6X 4-4—4-4
3. SIL 6X 4-4-4-4.
4. RUB 15 – NT 1TAB B/FOOD.

19/1/19: itching in one patch only reduced a little. Otherwise stil there. Candidiasis is more.

Rx:

1. Merc sol 200 – 4-4-4-4 dram bottle.
2. Berb aq Q +echiniceaQ – 2 bottles. – 20 drops in half bucket of water after bath.
3. Nat mur 12 x- 4-4-4-4
4. Kali sulph 12x 4-4-4-4

2/3/19: ITCHING HAS REDUCED. CANDIDIAL INFECTION HAS NOT GONE STILL. WHEN USES SUGARY PRODUCTS FEELS MOE. OTHER WASHROOMS ALSO FEELS MORE ITCHING. PERIODS DELAYED MORE THIS MONTH. LMP: 5/1/19. DRYNESS ALSO NOT REDUCED. WT: 51.4 KG.

RX:

1. BORAX 1M– 6 DOSES 1-0-1 B/FOOD FR 3 DAYS.
2. RUB 15 B/FOOD.
3. ECHNICEA Q – 30 DROPS ONCE SIT BATH IN WARM WATER.
4. PL DISC 4-0-4.A/FOOD.

21/3/19: INFECTION YEAST IS NOT THERE. PERIOD LMP: 13/3/19. ITCHING VAGINAL REGION HAS REDUCED. DRYNESS BLACKISH SPOTS TILL THERE ON THE SKIN.

RX:

1. BORAX 1M/TUBERCULINUM1M – 4-4-4-4.
2. RUB 15 TABS 1 TAB NIGHT B/FOOD.
3. ECHNICEA Q – 30 DROPS ONCE SIT BATH IN WARM WATER.
4. DISC 4-4-4. 15 GRAM.

23/4/19: frm a week itching again started all over the body. No yeast infection till now. Lmp: 6/4/19. Pimples. Headache is ther now n then. Dryness is better not gone. red moles are also seen. Having meals only 2 times. Dnt like sweet. Wt: 50.9kg.

Rx

1. Sabina 30/sepia 30 – 4-4-4 disc.
2. Thuja1m/borax1m/carcinosin1m – 4-4-4-4 1 dram.
3. bebrb aquifolium Q/calendula 6c/echniceaQ – 30-0-30 drops in 5 mugs of water.
4. Rub 21 – 1 tab night b/food.
5. Nat mur 1m – 1 dose stat.

4/5/19: wd is more.redness and itching is ther. Body itching is reduced.

1. Borax1m/tuberculinum1m – 4-4-4-4
2. berb aquifolium Q/calendula 6c/echniceaQ – 30-0-30 drops in 5 mugs of water.

3/8/19: itching is ocassional. Yeast infection is also ocassional. Itching only when lying down. Lmp: may 22nd 2019 and july 19th . no new spots. Wt: 51.2 kg.

Rx:

1. Borax1m/tuberculinum1m – 4-4-4-4 1st and 3rd weeks.
2. Candida albicans 30 – 4-4-4-4
3. Bio 25 4 tabs sos gastritis / headache.
4. Alfalfa/avena 200 – disc 4-0-4
5. Alfalfa/ginseng/avena Q – 15-15-15 a/food water.